

# TACKLING & PREVENTING DOMESTIC ABUSE

Buckinghamshire Multi-Agency  
Training Catalogue - 2024/25



BUCKINGHAMSHIRE  
Domestic Abuse Board

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## Foreword

Welcome to the third edition of the Buckinghamshire Tackling and Preventing Domestic Abuse 2024/25 Training Catalogue.

Over the last two years there have been over 1200 attendances to the training. The offer continues to be entirely free of charge to encourage as many individuals as possible to upskill or refresh their knowledge.

Our ambition is for professionals to feel confident in identifying the signs of abuse and to give appropriate support and sign posting to victims. Domestic abuse and violence against women and girls is everyone's business. It is a societal issue, and we continue to provide high quality training so victims get the support they need, sooner.

Our new training offer runs from September 2024 to March 2025. It comprises of 18 different courses and has expanded to reflect the intricacies and linkages within the family of domestic abuse, the toxic culture we wish to change and learning lessons locally. These new courses are:

- Domestic abuse and child neglect
- Incels and extreme misogyny
- Local learning from homicides
- Spiritual abuse

With our significant investment in this training programme, I strongly encourage you to share this offer with colleagues and partners to ensure this training has an impact and improves practice.

### **Craig McArdle**

Buckinghamshire Domestic Abuse Board Chair and Corporate Director Adults and Health at Buckinghamshire Council.

## Introduction

All of the courses detailed within this training offer are entirely free of charge however there is a £70 cancellation fee should notice not be given more than **48 hours in advance** of training delivery.

The training is a mixture of “power hours”, half and full day sessions. Power hour virtual sessions are delivered to encourage higher levels of attendance.

A large proportion of the training offer in the catalogue is virtual to fit in with evolving working patterns. Some courses are face to face, please check the format of the training before booking to ensure you can attend.

## How to book training

Reducing the Risk offers a website for DA Champions, professionals, staff and volunteers to join up and access training.

**Important-** You will need to sign up to the hub to book space for the training sessions offered in this catalogue via [Home | Reducing the Risk Champion Hub](#)<sup>1</sup>. Please select the user group 'DA Champion - Untrained' on the registration form.

*If you are already a member of the Bucks DA champion's Network and have your login details, then sign in and sign up to the training sessions. If you have forgotten your login details, then click on “forgot your password?”.*

Questions regarding signing into the hub please email [contact@reducingtherisk.org.uk](mailto:contact@reducingtherisk.org.uk)

Questions regarding the training courses, please email [Bucksdap@buckinghamshire.gov.uk](mailto:Bucksdap@buckinghamshire.gov.uk)

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<sup>1</sup> [www.hub.reducingtherisk.org.uk/homepage](http://www.hub.reducingtherisk.org.uk/homepage)

## Domestic Abuse and Child Neglect Power Hour

### Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100

### Description

We will explore the connection between domestic abuse and child neglect, focusing on how abusive environments can result in the neglect of a child's basic needs. Participants will learn to identify the signs of both domestic abuse and neglect, understand the overlapping risk factors, and recognise how a child's well-being is impacted when living in a household affected by abuse. The course covers practical intervention strategies, safeguarding protocols, and the importance of early detection and multi-agency collaboration in breaking the cycle of abuse and neglect.

### Learning Aims & Objectives

- Improve your understanding of the impact of neglect from conception onwards
- Discuss the impact on baby, child and adolescent development
- Articulate some of the challenges of working in this area
- Share some suggestions for strengthening your way of working with families where neglect is evident

### Dates & Times

21<sup>st</sup> November 2024 11:00-12:00

14<sup>th</sup> January 2025 10:00-11:00



## Local Learning from Homicides Power Hour

### Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100

### Description

In this course we focus on lessons learned from Domestic Homicide Reviews (DHRs) to improve understanding and response to domestic abuse. Participants will explore key findings from DHRs, identifying common missed opportunities, risk factors, and patterns leading to domestic homicides. The course highlights the importance of early intervention, multi-agency collaboration, and robust safeguarding practices.

### Learning Aims & Objectives

- Understand what Domestic Homicide Reviews are, legal framework and recent changes
- To equip delegates with findings to learn from national and local DHRs
- To support reflection on how to apply the insights into practice
- To enhance local response to domestic abuse victims-survivors

### Dates & Times

20<sup>th</sup> January 2025 13:00-14:00

26<sup>th</sup> March 2025 12:00-13:00



## Homicide Timeline Power Hour

### Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100

### Description

This module will focus on our patron Prof. Jane Monckton-Smith's 8 stages of homicide timeline. We will break down and explore in detail each of the stages from research into domestic homicides. We use two case studies to illustrate what happened within each stage for both cases and follow them to their tragic end.

### Learning Aims & Objectives

- Familiarisation with the timeline and its research
- Appreciation as to how it can complement a risk assessment
- Understand how to manage risk
- Adopt the RARA risk framework model
- A few do's and don'ts

### Dates & Times

17<sup>th</sup> October 2024 14:00-15:00

30<sup>th</sup> January 2025 11:00-12:00

5<sup>th</sup> March 2025 10:00-11:00



## Incels: A deep dive into extreme misogyny

### **Virtual via MS Teams**

**Course Length-** 3.5 hrs

**Cap-** 35 attendees per session

### **Description**

This course is designed to raise awareness, identification and intervention with regard to incels and incel ideology. Despite having existed for decades, this fringe online ideology is becoming increasingly mainstream with far reaching implications for misogyny, radicalisation of young people, men's mental health and women's safety. Given the increasing instances of real-world violence, it is more important than ever that we gain a deep and accurate understanding of incel ideology, its context and how to effectively safeguard and referrals for those affected.

### **Learning aims and objectives**

- Understand who are incels are
- Learn the scope of incel culture and misogyny
- Understand core beliefs and ideas
- Learn effective safeguarding and referral options
- Learn what the risk indicators are
- Recognise incel lexicon and memes
- Take part in immersive learning through case studies

### **Dates and times**

10<sup>th</sup> October 2024 09:30-13:00

3<sup>rd</sup> December 2024 13:00-16:30

**BAL KAUR HOWARD**



## Spiritual Abuse & Ritualistic Abuse (SARA)

Abuse linked to Accusations of Witchcraft / Spirit Possession / Faith

### Virtual via MS Teams

**Course Length-** 3.5 hrs

**Cap-** 35 attendees per session

### Description

The course brings greater awareness and understanding to abuse that takes place here in the UK, affecting thousands of people every year, delivered by a leading expert in the area.

### Learning aims and objectives

- Learn what Spiritual and ritual abuse is.
- RRRM process (*Recognise, Report, Refer, Manage*)
- Cultural awareness of beliefs, superstitions and spirituality
- Understanding our own beliefs and why they are important to us.
- Understand how this abuse is embedded in other forms of abuse.
- Review of case studies & learning from them, so we do not continue to make the same errors in judgement.
- Understand different terminology related to different beliefs and spiritualities.
- Review key reporting statistics of SARA in the United Kingdom
- Understand key significant indicators to recognise this abuse.
- Learn how to confidently manage a report of SARA.
- Effective communication styles that support victim/survivors of SARA.
- Learn how to develop an impactful referral through proven techniques to ensure other agencies act on your concern.
- Doubt Based Advocacy – *DBA*
- Scenario based learning – taken from actual investigations led by the facilitator with over 20 years' experience supporting victim/survivors of this abuse directly and working with partner agencies.

### Dates and times

13<sup>th</sup> November 2024 09:30-13:00

19<sup>th</sup> March 2025 09:30-13:00

**BAL KAUR HOWARD**

## DA Awareness Power Hour

### Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

### Description

This power hour will give an overview of what now defines domestic abuse in the UK. It will consider what people live with and why they don't just leave as well as where they can access support nationally and locally.

### Learning Aims & Objectives

- Identify the different forms domestic abuse can take
- Understand the statutory definition of domestic abuse
- Recognise that children can now be victims
- Understand the gender differences
- Consider where people can find help nationally/locally

### Dates & Times

19<sup>th</sup> September 2024 11:00-12:00

21<sup>st</sup> January 2025 13:00-14:00



## Coercive Control Power Hour

### Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

### Description

This session will focus on what coercive control is and the crime of controlling and coercive behaviour in the UK. We will discuss what victims are living with as well as how these tactics may present themselves. We will move onto what attendees can do to help and what they should not do and where to signpost people to find appropriate support.

### Learning Aims & Objectives

- Identify what coercive control is.
- Understand the criminal offence of Controlling & Coercive Behaviour.
- Review the statutory guidance framework.
- Appreciate the impact of these abuses.
- Understand the mindset of those living in a distorted reality.
- Consider how to manage cases as an agency and/or as a practitioner.
- Discuss what attendees can do to help & what not to do.

### Dates & Times

15<sup>th</sup> October 2024 14:00-15:00

6<sup>th</sup> March 2025 11:00-12:00



## DA and Protected Characteristics Power Hour

### Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

### Description

This is a one-hour presentation on Protected Characteristics. It is aimed at anyone interested in finding out more about what the Equality Act sets out as Protected Characteristics and how they are impacted by domestic abuse. The hour will cover the issues and give you greater awareness of how domestic abuse can impact different types of people in a variety of ways.

### Learning Aims & Objectives

- Identify what protected characteristics are.
- Understand how those with protected characteristics can be discriminated against.
- Consider what leads to discrimination and the impact of it.
- Consider how to manage cases dealing with people who fall under protected characteristics.
- Discuss what you can do to help & what not to do.
- Identify specialist services that can support and advocate.

### Dates & Times

28<sup>th</sup> November 2024 10:00-11:00

13<sup>th</sup> February 2025 12:00-13:00



## Challenges in Recognising Victims and Perpetrators Power Hour

### Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

### Description

This hour session will focus on a common issue for some, the differences in how a genuine victim would present when compared with a perpetrator claiming victimhood. It will also consider what trauma can do and factors to consider when counter allegations are being made and offer some tools to cut through to the truth of the matter.

### Learning Aims & Objectives

- To consider how victims present and why.
- Consider how perpetrators may prevaricate as a victim.
- Discuss how to help identify one from the other.
- Sort misinformation from information.
- Consider how to “perpetrator proof” your organisation.

### Dates & Times

22<sup>nd</sup> October 2024 13:00-14:00

16<sup>th</sup> January 2025 12:00-13:00

18<sup>th</sup> March 2025 11:00-12:00



## Children and Families

### **Virtual via MS Teams**

**Course Length-** 3.5 hrs

**Cap-** 20 attendees per session

### **Description**

This session is aimed at any practitioner working in the Buckinghamshire area who needs or wants to understand more about the impact domestic abuse has on children, their development and how the family can be affected.

This event is funded by Buckinghamshire Council and is aimed at those working in that area.

### **Learning Aims & Objectives**

- Understand why we now consider children living with DA, victims.
- Compare the short- and long-term effects on children living with domestic abuse.
- Understand how domestic abuse can affect normal childhood development.
- Understand how to manage cases as an agency and/or as a practitioner.

### **Dates & Times**

7<sup>th</sup> November 2024 09:30-13:00

12<sup>th</sup> February 2025 13:00-16:30



## Child and Adolescent to Parent Abuse

### Virtual via MS Teams

**Course Length-** 3 hrs

**Cap-** 20 attendees per session

### Description

An interactive, practical session introducing the themes of Child and Adolescent to Parent Violence and Abuse. It is designed to raise awareness of CAPVA and provide participants with an opportunity to explore the dynamics of the issue and strategies to support families. Information will be provided on definitions, background theories, prevalence, risk factors, case studies and behaviour patterns and an overview of models of work will be provided. The session aims to increase practitioner knowledge of this issue and explore ways to respond, give an example of an intervention and some useful activities for supporting both parents and young people.

This half-day (3hrs) course is suitable for all those who currently work with young people or families and wish to further their knowledge on CAPVA. It is suitable for both frontline practitioners and service managers including domestic abuse specialists, youth offending teams, social care & children's services, police, NHS, youth workers, parenting workers, educationalists etc.

### Learning Aims & Objectives

- To gain an understanding of the dynamics and contexts of CAPVA.
- To gain an overview of background theory, sector statistics and risk factors.
- To understand the barriers and approaches for engaging families.
- To look at key strategies in supporting families facing CAPVA.
- To increase knowledge about current service provision and developing practice.

### Dates & Times

2<sup>nd</sup> October 2024 09:30-12:30

5<sup>th</sup> December 2024 09:30-12:30



## Domestic Abuse Risk Assessment (DASH) Training

### **Face to Face Training & Virtual (please check below)**

**Course Length-** 1 day

**Cap-** 20 attendees per session

### **Description**

This course is suitable for professionals that need to complete the DASH Risk Assessment and also gives an overview of the MARAC (Multi Agency Risk Assessment Conference) process.

### **Learning Aims & Objectives**

- Defining domestic abuse with an update on the DA Act 2021 and the changes to current practice/legislation.
- Handling disclosures of domestic abuse and responding well.
- How to introduce and use a DASH Risk Indicator Checklist (RIC).
- Understanding risk thresholds of the DASH and next steps.
- Understanding MARAC and making referrals.
- Practice completing initial safety planning and how to support the client to access specialist services.

### **Dates, Times, Location**

23<sup>rd</sup> October 2024 09:30-15:30- **Virtual**-MS Teams

16<sup>th</sup> January 2025 09:30-15:30- **Face to face**-Aylesbury Town Council, 5 Church Street, Aylesbury HP20 2QP

6<sup>th</sup> March 2025 09:30-15:30-**Face to face**- Aylesbury Town Council, 5 Church Street, Aylesbury HP20 2QP



## Understanding the Impact of Sexual Assault and Abuse

### **Face to Face Training**

**Course Length-** 3 hrs

**Cap-** 20 attendees per session

### **Description**

Working with trauma is significantly different from 'regular' therapeutic work. Being trauma-informed is having an understanding of the many different ways trauma impacts and changes our brain and nervous system. This training is for anybody who works with survivors of sexual abuse, assault and trauma. It will provide insight into what it is like to be traumatised and what it is survivors need to be able to cope. This training will help you to understand the impact of trauma on the brain and how certain symptoms develop as a means to survive threat, as well as understanding the prevalence of trauma in society and how we as professionals can support a survivor's journey to recovery.

### **Learning Aims & Objectives**

- Understand the dynamics and prevalence of rape, sexual assault and abuse.
- Understanding what triggers, the fight, flight, freeze and flop responses and the impact on the brain during trauma.
- Recognise the barriers faced by survivors and the coping strategies that they use.
- Understand how we can work with survivors who have experienced trauma.

### **Dates, Times, Location**

17<sup>th</sup> October 2024 10:00-13:00- Aylesbury Town Council, 5 Church Street, Aylesbury HP20 2QP

12<sup>th</sup> February 2025 10:00-13:00- Bucks Council Gateway Office (Jubilee Room), Gatehouse Rd, Aylesbury HP19 8FF



## “Honour” Based Violence (incl Forced Marriage)

### Virtual via MS Teams

**Course Length-** 3.5 hrs

**Cap-** 35 attendees per session

### Description

To raise awareness, identification and support processes of Honour Based Abuse/Forced Marriage and the impact on victims/children. Enabling practitioners to be able to understand the issues and support processes available to children and adults subjected to Honour Based Abuse /Forced Marriage across all cultures and religions and families.

### Learning Aims & Objectives

- The context of Domestic Abuse & so-called Honour Based Abuse.
- Definitions of Honour Based Abuse/Forced Marriage & Government / Policing Strategy.
- Differences between Arranged / Forced Marriage & why they happen.
- Risk indicators / triggers.
- Why an individual may suffer Honour Based Abuse / Forced Marriage.
- Challenge community/cultural beliefs.
- Risk assess and manage the risk to support victims / children - work with case studies.
- How practitioners can identify the risks in an agency setting and safety plan.
- Forced Marriage Protection Legislation & immigration / policy to support victims with No Recourse to Public Funds (Spousal Visa only)
- Missed opportunities - the lived experience survivor story.

### Dates & Times

26<sup>th</sup> September 2024 – 09:30-13:00

12<sup>th</sup> November 2024 – 09:30-13:00

25<sup>th</sup> February 2025 – 09:30-13:00

**BAL KAUR HOWARD**

## No Recourse to Public Funds (NRPF)

### Virtual via MS Teams

**Course Length-** 1 hr 15 minutes

**Cap-** 30 attendees per session

### Description

This session set out the information and support options available for people with No Recourses to Public Funds within the immigration Law and the European Union Settlement Scheme frameworks. It identifies the referral routes and signposting agencies available for a person at risk of domestic abuse when they are unable to access benefits and housing pathways.

### Learning Aims & Objectives

- To gain an overview of what Public Funds are.
- To understand how immigration status has an impact on someone's rights and entitlement to Public Funds.
- To understand the support options for those with No Recourse to Public Funds.
- To understand economic barriers to leaving an abusive relationship with use of real-life case studies.
- Acquire useful numbers and knowledge of other supporting organisations.

### Dates & Times

20<sup>th</sup> November 2024 13:00-14:15

23<sup>rd</sup> January 2025 13:00-14:15

11<sup>th</sup> March 2025 13:00-14:15

**\*Please note this course won't contain or provide any legal advice\***



## LGBTQ+ & Domestic Abuse

### Virtual via MS Teams

**Course Length-** 3.5 hours

**Cap-**25

### Description

This training session will provide an introduction and overview into Domestic abuse within the LGBTQ+ community.

### Learning Aims & Objectives

- An understanding of sexuality, gender and identity.
- Exploration on types of domestic abuse within the LGBTQ+ community.
- An understanding of prevalence and impact of DA with LGBTQ+ community.
- An understanding of additional power and control mechanisms perpetrators may use.
- An understanding of additional barriers the LGBTQ+ may have regarding accessing support.
- Exploration of tools and approaches to support those who are part of the LGBTQ+ community.

### Dates & Times

15<sup>th</sup> October 2024 09:00- 12:30

28<sup>th</sup> January 2025 13:00- 16:30



## Domestic Abuse and Older People

**Virtual via MS Teams**

**Course Length-** 1 hour

**Cap** 30

### Description

This course will enable you to better understand how domestic abuse affects older people, who the main perpetrators are and where to signpost for support.

### Learning Aims & Objectives

- Understand the dynamics of elder abuse, domestic elder abuse and coercive control.
- Identify and spot the signs of abuse.
- Understand how age can create barriers to accessing support including technological exclusion, housing, family dynamics and adult safeguarding.
- Learn from an interactive case study aimed at building confidence in aiding real-life disclosures.
- Learn to signpost to Hourglass 24/7 helpline and support options available.

### Dates & Times

6<sup>th</sup> Nov 2024 10:00-11.00

26<sup>th</sup> Feb 2025 10:00-11:00



## Modus for Designated MARAC Officers

**(All attendees must have attended the DASH for DMOs session provided last year).**

### **Face to face training**

**Course Length-3.5 hours**

**Cap 12**

### **Description**

This session is delivered face to face. All attendees are required to bring a Wi-Fi enabled laptop. It is aimed at small groups and focuses on their access and use of Modus (software used across Thames Valley). Attendees are given access to this important software once they have attended both DMO sessions - DASH & Modus.

### **Learning Aims & Objectives**

- Introduction to Modus
- Familiarisation with MARAC records
- Understanding the need for clear referrals to MARAC
- Information sharing and how to access, update and share results of MARAC actions
- Appreciation of the need to refer to IDVA immediately

### **Dates, Times, Location**

11<sup>th</sup> February 2025 13:00-16:30- Bucks Council Gateway Office (Windsor Room), Gatehouse Rd, Aylesbury HP19 8FF

