



**Relationship red flags can be hard to spot, especially early on.**

**Does your partner:**

**Stop you seeing family and friends?**

**Check where you have been?**

**Check who you speak to?**

**Check how much you spend?**

**Shout at you? Call you names?**

**Mock you?**

**If there are red flags in your relationship talk to someone. Help is available.**



**National Domestic Abuse Helpline**

**0808 2000 247 call free anytime day or night**



**[buckinghamshire.gov.uk/redflag](https://www.buckinghamshire.gov.uk/redflag)**

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