

Relationship red flags can be hard to spot, especially early on.

Does your partner:

Stop you seeing family and friends?

Check where you have been?

Check who you speak to?

Check how much you spend?

Shout at you? Call you names?

Mock you?

If there are red flags in your relationship talk to someone. Help is available.



National Domestic Abuse Helpline 0808 2000 247 call free anytime day or night



buckinghamshire.gov.uk/redflag