

# TACKLING & PREVENTING DOMESTIC ABUSE

## Buckinghamshire Multiagency Training Catalogue



BUCKINGHAMSHIRE  
Domestic Abuse Board

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## Foreword

Domestic abuse has a devastating effect on families, children and our local communities. It is an under-reported crime estimated that 1 in 20 adults experience domestic abuse every day, equating to 21,000 people a year across Buckinghamshire.

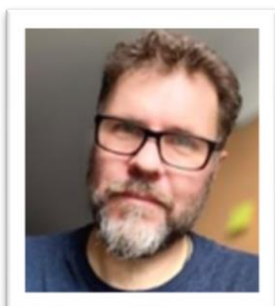
The Bucks Domestic Abuse Strategy 2021-2024 identified that tackling domestic abuse needed to go beyond providing domestic abuse support services, but instead embed an awareness across all services and staff to ensure effective prevention, identification and intervention. Training is key to this to ensure that multiagency staff feel confident to handle disclosures.

Victims and survivors engage daily with frontline professionals within our community. Whether it be a GP appointment, seeing the midwife, discussing housing options with the Housing Department or registering for housing benefit. It is the purpose of this training offer to ensure that professionals positively spot the signs of domestic abuse, and the victim/survivor feels listened to and offered support service options.

This multiagency training catalogue is aimed towards all key partners and agencies to understand the uniqueness and complexities of LGBT+ communities, minority ethnic groups, children and young people in order to foster a better understanding of how abuse may present. The training will cover the issues, barriers and best practice and ensure the highest quality engagement with victims and survivors.

Opportunities for a victim/survivor to disclose are few. In order to deliver a service that ensures Buckinghamshire residents feel able to safely disclose and receive help, multiagency staff need to continually develop their domestic abuse skillsets and apply the highest standards of professionalism and empathy. To achieve this, the Buckinghamshire Domestic Abuse Board requires buy in from the multiagency partnership to actively support and encourage their staff in attendance of this training.

Through the delivery of this training offer, it is hoped that more victims will be identified and helped at the earliest opportunity.



Nick Graham  
Buckinghamshire Domestic Abuse Board Chair

## Introduction

All of the courses detailed within this training offer are entirely free of charge however there is a £70 cancellation fee should notice not be given more than **48 hours in advance** of training delivery.

The training is a mixture of “power hours”, half and full day sessions. Power hour virtual sessions are delivered to encourage higher levels of attendance.

A large proportion of the training offer in the catalogue is virtual to fit in with evolving working patterns. Some courses are face to face, for example, the DASH/MARAC sessions and the Scenario Based Training.

## How to book training

Reducing the Risk offers a website for DA Champions, professionals, staff and volunteers to join up and access training.

**Important**- You will need to sign up to the hub to book space for the training sessions offered in this catalogue via [Home | Reducing the Risk Champion Hub](#)<sup>1</sup>. Please select the user group 'DA Champion - Untrained' on the registration form.

*If you are already a member of the Bucks DA champion's Network and have your login details, then sign in and sign up to the training sessions. If you have forgotten your login details, then click on “forgot your password?”.*

## Queries

Questions regarding signing into the hub please email [contact@reducingtherisk.org.uk](mailto:contact@reducingtherisk.org.uk)

Questions regarding the training courses, please email [Bucksdap@buckinghamshire.gov.uk](mailto:Bucksdap@buckinghamshire.gov.uk)

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<sup>1</sup> [www.hub.reducingtherisk.org.uk/homepage](http://www.hub.reducingtherisk.org.uk/homepage)

## DA Act 2021 Power Hour

**Virtual via MS Teams**

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

### Description

This module will focus on an overview of this important and long-awaited legislation. It will consider the changes already brought in, the amended laws and the changes yet to come.

### Learning Aims & Objectives

- Understand the changes this pivotal legislation brings
- Consider the new statutory definition and its impact
- Recognising that children can now be victims of DA
- Consider the changes coming in such as protective steps/orders
- Discuss changes around risk management

### Dates & Times

12<sup>th</sup> December 2022- 11:00-12:00

## DA Awareness Power Hour

### Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

### Description

This power hour will give an overview of what now defines domestic abuse in the UK. It will consider what people live with and why they don't just leave as well as where they can access support nationally and locally.

### Learning Aims & Objectives

- Identify the different forms domestic abuse can take
- Understand the statutory definition of domestic abuse
- Recognise that children can now be victims
- Understand the gender differences
- Consider where people can find help nationally/locally

### Dates & Times

5<sup>th</sup> December 2022 11:00-12:00

1<sup>st</sup> February 2023 11:00-12:00

# Coercive Control Power Hour

## Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

## Description

This session will focus on what coercive control is and the crime of controlling and coercive behaviour in the UK. We will discuss what victims are living with as well as how these tactics may present themselves. We will move onto what attendees can do to help and what they should not do and where to signpost people to find appropriate support.

## Learning Aims & Objectives

- Identify what coercive control is
- Understand the criminal offence of Controlling & Coercive Behaviour
- Review the statutory guidance framework
- Appreciate the impact of these abuses
- Understand the mindset of those living in a distorted reality
- Consider how to manage cases as an agency and/or as a practitioner
- Discuss what attendees can do to help & what not to do

## Dates & Times

1<sup>st</sup> December 2022 11:00-12:00

15<sup>th</sup> Feb 2023 11:00-12:00



## DA and Protected Characteristics Power Hour

### **Virtual via MS Teams**

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

### **Description**

This is a one-hour presentation on Protected Characteristics for all DA Champions working across Buckinghamshire.

It is aimed at anyone interested in finding out more about what the Equality Act sets out as Protected Characteristics and how they are impacted by domestic abuse. The hour will cover the issues and give you greater awareness of how domestic abuse can impact different types of people in a variety of ways.

### **Learning Aims & Objectives**

- Identify what protected characteristics are
- Understand how those with protected characteristics can be discriminated against.
- Consider what leads to discrimination and what the impact of it is
- Consider how to manage cases dealing with people who fall under protected characteristics
- Discuss what you can do to help & what not to do
- Identify specialist services that can support and advocate.

### **Dates & Times**

14<sup>th</sup> December 2022 11:00-12:00

8<sup>th</sup> March 2023 11:00-12:00

5<sup>th</sup> April 2023 11:00-12:00





# Challenges in Recognising Victims and Perpetrators Power Hour

## Virtual via MS Teams

**Course Length-** 1 hour

**Cap-** 100+ attendees per session

## Description

This hour session will focus on a common issue for some, the differences in how a genuine victim would present when compared with a perpetrator claiming victimhood. It will also consider what trauma can do and factors to consider when counter allegations are being made and offer some tools to cut through to the truth of the matter.

## Learning Aims & Objectives

- To consider how victims present and why
- Consider how perpetrators may prevaricate as a victim
- Discuss how to help identify one from the other
- Sort misinformation from information
- Consider how to “perpetrator proof” your organisation

## Dates & Times

25<sup>th</sup> January 2023 11:00-12:00

22<sup>nd</sup> March 2023 11:00-12:00

3<sup>rd</sup> May 2023 11:00-12:00



## Children and Families

### **Virtual via MS Teams**

**Course Length-** 3.5 hrs

**Cap-** 25 attendees per session

### **Description**

This session is aimed at any practitioner working in the Buckinghamshire area who needs or wants to understand more about the impact domestic abuse has on children, their development and how the family can be affected.

This event is funded by Buckinghamshire Council and is aimed at those working in that area.

### **Learning Aims & Objectives**

- Understand why we now consider children living with DA, victims
- Compare the short- and long-term effects it has on children living with domestic abuse.
- Understand how domestic abuse can affect normal childhood development
- Understand how to manage cases as an agency and/or as a practitioner

### **Dates & Times**

9<sup>th</sup> January 2023 09:30-13:00

1<sup>st</sup> March 2023 09:30-13:00



# Scenario Based Training- Making Sense of and Assessing Domestic Abuse

## **Face to Face training**

**Course Length-** 2 consecutive days for each cohort

**Cap-** 25 attendees per session

**\*Training for early help staff only at this time\*. As a pre-requisite staff should have completed GCP2 training as this will be used in the session.**

## **Description**

Using scenarios and interactive training methods your learning and confidence will build over the two days to enable delegates to be more confident in engaging, empathising and productively working with those living with domestic abuse. *Small amount of role play will be required.*

## **Learning Aims & Objectives**

- Understand prevalence of domestic abuse, typologies, and tactics.
- Have more insight into the impact on both the adult and child(ren) victim-survivor and the potential impact of this trauma on their relationship.
- Understand the challenges and practice ways of engaging with domestic abuse victims.
- Be able to define and describe the level of risk for both adult and child.
- Be confident in using a small number of standardised measures that can be used to bring clarity.
- Understand the areas of focus and where to start and order any work.

## **Dates & Times**

13<sup>th</sup> - 14<sup>th</sup> March 2023 09:00-17:00

27<sup>th</sup> – 28<sup>th</sup> March 2023 09:00-17:00

**\*Early Help Teams are requested to email- [BucksDAP@buckinghamshire.gov.uk](mailto:BucksDAP@buckinghamshire.gov.uk) to register interest.**



## Adolescent to Parent Abuse

### Virtual via MS Teams

**Course Length-** 3 hrs

**Cap-** 15 attendees per session

### Description

An interactive, practical session introducing the themes of Child and Adolescent to Parent Violence and Abuse. It is designed to raise awareness of CAPVA and provide participants with an opportunity to explore the dynamics of the issue and strategies to support families. Information will be provided on definitions, background theories, prevalence, risk factors, case studies and behaviour patterns and an overview of models of work will be provided. The session aims to increase practitioner knowledge of this issue and explore ways to respond, give an example of an intervention and some useful activities for supporting both parents and young people.

This half-day (3hrs) course is suitable for all those who currently work with young people or families and wish to further their knowledge on CAPVA. It is suitable for both frontline practitioners and service managers including domestic abuse specialists, youth offending teams, social care & children's services, police, NHS, youth workers, parenting workers, educationalists etc.

### Learning Aims & Objectives

- To gain an understanding of the dynamics and contexts of CAPVA
- To gain an overview of background theory, sector statistics and risk factors
- To understand the barriers and approaches for engaging families
- To look at key strategies in supporting families facing CAPVA
- To increase knowledge about current service provision and developing practice

### Dates & Times

6<sup>th</sup> December 2022 09:30 – 12:30

1<sup>st</sup> February 2023 09:30 – 12:30

29<sup>th</sup> March 2023 09:30 – 12:30

## MARAC/DASH

### **Face to Face Training**

**Course Length-** 3 hrs

**Cap-** 20 attendees per session

### **Description**

This course is suitable for professionals that need to complete the DASH Risk Assessment and also gives an overview of the MARAC process.

### **Learning Aims & Objectives**

- Defining domestic abuse with an update on the DA Act 2021 and the changes to current practice/legislation
- Handling disclosures of domestic abuse and responding well
- How to introduce and use a DASH Risk Indicator Checklist (RIC)
- Understanding risk thresholds of the DASH and next steps
- Understanding MARAC and making referrals
- Practice completing initial safety planning and how to support the client to access specialist services

### **Dates, Times, Location**

9th December 2022 9.30-12.30 Aylesbury Town Council, 5 Church Street, Aylesbury HP20 2QP (**Council Chamber**)

20<sup>th</sup> January 2023 9.30-12.30 Buckinghamshire Council, Walton Street, Aylesbury, HP20 1UA (**Mezz 1 Room**)

30<sup>th</sup> January 2023 9.30-12.30 Buckinghamshire Council, Gateway Offices (**Paralympic Room**), Gatehouse Road, Aylesbury, Bucks, HP19 8FF.

6<sup>th</sup> February 2023 9.30-12.30 Aylesbury Town Council, 5 Church Street, Aylesbury HP20 2QP (**Council Chamber**)

3<sup>rd</sup> March 2023 9.30-12.30 Gateway Offices (**Paralympic room**), Gatehouse Road, Aylesbury, Bucks, HP19 8FF.

## LGBTQ+ Awareness Outreach: Understanding Challenges & Domestic Abuse

### Virtual via MS Teams

**Course Length-** 3.5 hrs

**Cap-** 40 attendees per session

### Description

This session will enable you to develop your knowledge of sexual identity and gender. You'll be able to understand the barriers that LGBTQ+ face throughout their life, and how this intersects with the challenges of domestic abuse and mental health.

### Learning Aims & Objectives

- Feel better equipped and able to facilitate discussion or understand gender and sexuality through:
  - Developing knowledge around terminology, language, and use of pronouns.
  - Exploring the difference between gender identity and sexuality
- Have an insight into the challenges and barriers people from the LGBTQ+ community face in their day-to-day life through:
  - Understanding what these barriers are in different areas of life
  - Hearing anecdotes and case studies to conceptualise what these barriers look like in everyday life
- Understand the nuance and specifics of how domestic violence is presented within the LGBTQ+ community
- Feel equipped and better able to support LGBTQ+ people

### Dates & Times

15<sup>th</sup> December 2022 09:00-12:30

25<sup>th</sup> January 2023 13:00-16:30

14<sup>th</sup> March 2023 09:00-12:30

## Understanding the Impact of Sexual Assault and Abuse

### **Face to Face Training**

**Course Length-** 3 hrs

**Cap-** 15 attendees per session

### **Description**

Working with trauma is significantly different from 'regular' therapeutic work. Being trauma-informed is having an understanding of the many different ways trauma impacts and changes our brain and nervous system. This training is for anybody who works with survivors of sexual abuse, assault and trauma. It will provide insight into what it is like to be traumatised and what it is survivors need to be able to cope. This training will help you to understand the impact of trauma on the brain and how certain symptoms develop as a means to survive threat, as well as understanding the prevalence of trauma in society and how we as professionals can support a survivor's journey to recovery.

### **Learning Aims & Objectives**

- Understand the dynamics and prevalence of rape, sexual assault and abuse
- Understanding what triggers, the fight, flight, freeze and flop responses and the impact on the brain during trauma
- Recognise the barriers faced by survivors and the coping strategies that they use
- Understand how we can work with survivors who have experienced trauma

### **Dates, Times, Location**

22<sup>nd</sup> February 2023 10:00-13:00 Mezzanine 1, Bucks Council, Walton Street, Aylesbury

8<sup>th</sup> March 2023 10:00-13:00 Mezzanine 1, Bucks Council, Walton Street, Aylesbury

22<sup>nd</sup> March 2023 10:00-13:00 Gateway, Jubilee Room, Gatehouse Road, Aylesbury, Bucks, HP19 8FF.

26<sup>th</sup> April 2023 10:00-13:00 Gateway, Jubilee Room, Gatehouse Road, Aylesbury, Bucks, HP19 8FF.





# Introduction to Female Genital Mutilation (FGM)

**Virtual via MS Teams**

**Course Length-** 2 hrs

**Cap-** 100 attendees per session

## Description

The course will begin by examining the definition of FGM and the four types as identified by WHO. An update on the current global situation and emerging trends in FGM will be presented and this will be followed by a discussion of the situation in the UK. We will then explore the reasons for the continuation of the practice in the UK and the impact that FGM has on survivors. The second part of the course will outline the legal situation concerning FGM in the UK and the responsibilities of safeguarding professionals, including mandatory reporting. You will be introduced to the Petals for Professionals Webapp which is a one-stop resource aimed at helping safeguarding professionals deal with suspected cases of FGM or that somebody is at risk of being subjected to FGM.

## Learning Aims & Objectives

At the end of the course, you should:

- Be aware of what FGM is, types of FGM, global patterns and emerging trends of FGM, as well as the situation in the UK.
- Have some understanding of the reasons for the continuation of FGM amongst FGM affected communities in the UK, including the social and cultural norms perpetuating the practice.
- Be cognisant of the impact of FGM on those subjected to the practice, including health consequences (physical and psychosocial and sexual) as well as human rights implications.
- Be familiar with your legal responsibilities concerning FGM, including mandatory reporting.

## Dates & Times

10<sup>th</sup> January 2023 10:00-12:00

27<sup>th</sup> February 2023 14:00-16:00

9<sup>th</sup> March 2023 10:00-12:00

Hazel Barrett, University of Coventry

## “Honour” Based Violence (incl Forced Marriage)

### Virtual via MS Teams

**Course Length-** 2 hrs

**Cap-** 100 attendees per session

### Description

This course will build your confidence in identifying and challenging “Honour” Based Abuse and Forced Marriage. It will build resilience when challenging issues of ‘cultural sensitivity’ and will outline the effective supportive responses for victims. The course will encourage critical thinking to challenge justifications of abuse on the basis of tradition, culture or religion and will demonstrate the development of victim pathways for safe and effective responses.

### Learning Aims & Objectives

- Explain the support Karma Nirvana offer to victims, survivors and professionals
- Definitions of HBA and FM and the triggers for these abuses
- Dispel common misconceptions
- Offer an insight into understanding honour systems & honour codes within family dynamics
- Identify HBA and FM and explain the warning signs and indicators
- Clarify best practice when dealing with HBA and FM
- Provide an insight into FM law and FMPOs
- Explain the prevalence nationally and statistics for professionals
- Demonstrate how HBA and FM is happening in emerging communities.

### Dates & Times

8<sup>th</sup> December 2022 10:00-12:00

17<sup>th</sup> January 2023 10:00-12:00

8<sup>th</sup> February 2023 10:00-12:00

20<sup>th</sup> March 2023 10:00-12:00



## No Recourse to Public Funds (NRPF)

**Virtual via MS Teams**

**Course Length-** 1 hour

**Cap-** 15 attendees

### Description

This session set out the information and support options available for people with No Recourses to Public Funds within the immigration Law and the European Union Settlement Scheme frameworks. It identifies the referral routes and signposting agencies available for a person at risk of domestic abuse when they are unable to access benefits and housing pathways.

### Learning Aims & Objectives

- What the NRPF rule is and who this applies to
- How the NRPF rule affects entitlement to domestic abuse services and homelessness pathways
- Support organisations and best practice

### Dates & Times

19<sup>th</sup> January 2023 13:00-14:00

**\*Please note this course won't contain or provide any legal advice\***



## Domestic Abuse in the Workplace- For Managers & HR Staff

**-Please Note- This training is for Buckinghamshire Council staff only-**

**To book onto this specific training visit:**

[Course: Domestic Abuse Training for Managers \(learningpool.com\)](https://learningpool.com)

**Virtual via MS Teams**

**Course Length-** 3.5 hrs

**Cap-** 30 attendees

### Description

This session is aimed at any managers of staff or HR staff within Buckinghamshire Council. We hope to increase awareness of domestic abuse but also look in detail at the recent statutory recognition of an employer's duty of care over their staff. The course will provide learners with a good understanding of domestic abuse in the context of management and Human Resources, specifically focus on economic abuses to coerce and control.

### Learning Aims & Objectives

- Gain understanding of the dynamics of domestic abuse
- Explore tactics used in economic abuse to coerce and control
- Consider how DA may present itself at work
- Explore impact on victim and their child
- Gain some insight into risk assessment
- Explore safety planning in the workplace
- Understand the purpose of policy and its implementation

### Dates & Times

2<sup>nd</sup> December 2022 09:30-13:00

11<sup>th</sup> January 2023 09:30-13:00

8<sup>th</sup> February 2023 09:30-13:00

22<sup>nd</sup> February 2023 09:30-13:00

15<sup>th</sup> March 2023 09:30-13:00

29<sup>th</sup> March 2023 09:30-13:00

19<sup>th</sup> April 2023 09:30-13:00

26<sup>th</sup> April 2023 09:30-13:00

